

# Checklist: Air Travel and PEG Feeding



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This checklist supports passengers with rare disease disability and their carers when travelling with PEG feeding pumps and supplies on flights within Australia.

## 1. Pre-Travel Planning

Confirm if your airline requires a **Medical Clearance Form**.

Ask your doctor to complete and sign the form.

Request a medical clearance letter outlining your condition and equipment needs:

- Ask your doctor about your fitness to fly with a PEG feeding pump.
- Confirm if you need to travel with a carer or support person.

Submit the form and supporting letter to the airline **at least 72 hours before departure (or earlier if required)**.

Carry a copy of the signed form during travel.



## 2. Airline Communication

Contact the airline at **least 72 hours before departure** to notify them of your PEG feeding pump (or earlier if required).

Provide documentation about your device (e.g. battery type, usage instructions, safety labels).

Request additional baggage allowance for medical equipment if needed.

Request written confirmation of approval.



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## 3. Equipment Requirements

Ensure your device is battery-operated and airline approved.

Check the battery type and watt-hour rating (e.g. lithium-ion under 160Wh).

Bring enough battery power for the entire flight, including delays.



## 4. Packing and Documentation

Pack your PEG pump, feeding formula, syringes, tubing, and cleaning supplies in carry-on luggage.

Label all medical items clearly and keep them in their original packaging where possible.

Bring a copy of your doctor's letter, prescriptions, and airline approvals.

Include extra supplies in case of delays or emergencies.



## 5. In-Flight Use

Inform cabin crew about your PEG pump and any assistance you may need.

Use the device only when permitted (not during taxi, take-off, or landing).

Ensure the device is secure and protected from accidental activation.



## 6. Post-Arrival Considerations

Retrieve any checked medical equipment promptly after landing.

Check your equipment for damage and report any issues to airline staff.



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*This resource is part of the nationally codesigned **Rare Disease Disability Toolkit** and is accurate at the time of publishing (February 2026). **For more information, see the *Navigating Air Travel with Rare Disease Disability* guide.** The information provided does not necessarily represent the views of Rare Voices Australia (RVA) or imply endorsement. RVA is not liable for any loss, damage, or consequences arising from the use or misuse of this resource.*

