

# Fact Sheet – Medical Practitioner Letter

## Air Travel with Rare Disease Disability



rare voices  
AUSTRALIA®

You may require a letter from a medical practitioner if you have a rare disease disability or medical condition that affects how you are screened or what equipment and supplies you need to carry while travelling. These letters help airport and airline staff understand your needs, ensure safety compliance, and support access to reasonable adjustments during the journey.

*Some airlines may ask you to submit the letter along with a **Medical Clearance Form** at least **72 hours before departure**. Check your airline's accessibility or medical travel page for submission instructions.*

Carry several hard copies of the letter – one for the airline, one for security, and one for your own records. Keep a digital copy on your phone or device.

The letter may include the following:

### Alternative Screening Needs

If you require support or assistance during the screening process.

If certain screening methods (e.g. body scanners or X-ray) are unsuitable due to your medical condition, medication or devices.

If you cannot be separated from mobility aids (e.g. wheelchair, cane) or assistive devices during screening.



### Medical Equipment and Devices

If you are travelling with:

Prosthetics

PEG feeding pumps

Ostomy supplies and equipment

Portable oxygen concentrators (POCs)

Battery-powered medical devices.

To confirm the device is required for your condition during the flight.



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### Medications and Supplies

If you are carrying:

- Prescription or non-prescription medicines
- Hypodermic needles
- Special dietary or therapeutic products
- Ice or gel packs for temperature regulation.

To verify medical necessity and quantities allowed during the flight.



### Communication and Sensory Needs

If you require specific communication assistance or sensory accommodations during airport security screening or on board the aircraft.



*This resource is part of the nationally codesigned [Rare Disease Disability Toolkit](#) and is accurate at the time of publishing (February 2026). **For more information, see the [Navigating Air Travel with Rare Disease Disability guide](#).** The information provided does not necessarily represent the views of Rare Voices Australia (RVA) or imply endorsement. RVA is not liable for any loss, damage, or consequences arising from the use or misuse of this resource.*

